



October 14, 2010 Issue #15 Editor: Shirley Harrison

THIS WEEK: MARA PROTAS of ICMC

Mara returns to talk about EMT – Emotional Freedom Technique (acupuncture without needles) and its use with a variety of patients, including veterans who are suffering from Post Traumatic Stress Disorder.

Also this week: President Sue is introducing a New Menu

We will have a choice of 4 meals:

Hot Meal of the day;

Sandwich of the week;

Fruit Salad; or

A rotation of great salads – not always Cobb!

LAST WEEK: James Ragan, MBA, CFA

After last week, a lot of us wished we had bought stock in Hanson's Natural Sodas before it went BIG. Overall, James gave us a lot to think about in regard to the stock market. When all was said and done, we realized that Dennis Doyel knows what he is saying when he tells us, "It's up and down."

NEXT WEEK: Kim Raney, Chief of Covina Police

Hey dudes, dudettes, and the far out right: This is your chance to ask questions about medical marijuana licenses and distributors (some of which are in our local area). The timing of the program is perfect with Prop 19 being on the November ballot.

WHOSE THAT LADY:



Richard Morley recently came to the aid of a National Speech Contest Winner at Mt. SAC after she fell and broke her upper front tooth. Riki did not have enough money for the extensive dental work so Richard turned to Covina Rotary members. Part-time sailor Jim Teal was the first to get on board to help with lab fees and formulate a plan. Then, it was part-time pilot Jerry Smith who flew with the project, donned his white coat and put his DDS license to work. Riki has a new smile to flash as she begins her junior year at USC. As for Jerry, he is still practicing dentistry and philanthropy in Covina. It's not surprising that Jerry and wife Marci received the Jim Speer [Rotarian of the Year] Award in 2009.

PROPOSED MEMBER: Harry Borak has proposed JERRY HAINES as a new member of our Club. Jerry is a retired business owner, living in West Covina. If you have any concerns, contact a member of our Board right away.

CALENDAR OF EVENTS:

Sunday, October 24 – *All Shook Up* and Dinner

November 13 – Potential Rotary Leadership Seminar in Etiwanda: PRLS will be free to Covina Rotarians.

November 17 – **Polio Plus** Mini Fundraiser at Azo Vino

Tuesday, Dec. 7 – Casual evening party – Mariposa Inn

March 13-25 – Guatemala Rotoplast Mission. Non-medical volunteers are needed to transform children one cleft palate at a time.

Thanks Pomona Rotary:

Somebody got a Corvette last week in exchange for a \$20.00 donation to charity. Covina Rotary earned a \$370.00 commission for helping to sell the tickets.

Teen Leadership Camp is coming in November –

Rich and Sue had a great time as facilitators in 2008

