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Editor: Dan Banh

This Week:

Natalie Cook graduated from Charter Oak in 2004 where she was part of the Interact Club on campus. In the summer of 2003, she was part of a Rotary cultural exchange where she spent a month with a family in Spain. Currently, she works as a substitute teacher at Charter Oak Unified School District while working towards her certificate in Teaching English to Speakers of Other Languages (TESOL) at Azusa Pacific University.

Natalie spent August through December 2011 working with World Made Flesh in Kolkata, India. World Made Flesh is a non-profit, religious organization existing to serve among the most vulnerable of the world's poor and in Kolkata that means working with women coming out of the sex trade. WMF opened Sari Bari as a way to provide alternative employment for women who have the freedom to leave the sex trade.

Next Week:

Human trafficking is a growing problem that takes advantage of the young and vulnerable. CASE (Coalition Against Sexual Exploitation) was formed in San Bernardino County to deal with this horrific crime. Chief Karen Bell will be here to shed some light on this tragic problem.

Last Week:



"There is a fifth dimension, beyond that which that is known to man... It is the area which we call **The Twilight Zone.**" That was it felt like during this presentation. Dr. Heather Friedman Rivera discussed about her research on healing benefits from past life regression. Yes, sometimes going back to your previous life can have some physical and psychological benefits. Speaking from personal experience, she revealed how she'd accidentally recovered her voice which was lost due to laryngitis

through her regression. Unfortunately, she also suffers from hearing impair and rheumatoid arthritis but those could not be taken care. Perhaps, it was meant to be. Past life regression is a heavily emotional experience which most people can not handle. Based on her survey, most did go through it found themselves much stronger mentally and are not afraid of death. Wow, that's heavy! So if you have episodes of déjà vu, or believe in reincarnation, Dr. Heather wants to hear your story. Go to her website www.pastlifesurvey.org

SOS: We need runners for the FUN RUN!!!



As if you need another reason to drink, but here it's a great one.

Happy St. Patrick's Day