



September 13, 2012 Issue #10 Editor: Tricia Vagt

This Week:

Gloria Crudginton and Dr. George Nalbach

Assisting Our Returning Vets and Their Families



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Santa Anita Family Service was founded in 1951 to foster well-being in the San Gabriel Valley, creating healthier families and communities through professional leadership and the provision of high-quality educational programs, mental health assistance, senior care and social services. SAFS has offices in Covina, Pomona, Monrovia, and San Gabriel. With on-going contracts from governmental agencies, and contributions are from individuals and businesses, Santa Anita Family Service provides low and no fee counseling services to the community. With the wars in Iraq and Afghanistan winding down and soldiers returning home, Santa Anita Family Service has naturally turned its attention to serving the needs of these military families.

Last Week:

David Kessler

Grief and Loss Expert



David Kessler is one of the most well-known experts on loss today. He has written two bestselling books with the legendary Elisabeth Kübler Ross; *On Grief and Grieving*; and *Life Lessons*. His work has been praised by Mother Teresa.

He has worked with Elizabeth Taylor, Jamie Lee Curtis, and Marianne Williamson when their loved ones faced life-challenging illnesses. He also worked with Anthony Perkins, Michael Landon, and industrialist Armand Hammer when they faced their own illnesses.

His writings have become very popular as a grief expert on Oprah.com and Dr Oz - Sharecare.com. In his day to day work, David is Chief Patient Support Operations Officer for Citrus Valley Health Partners and C.O.O for Citrus Valley Hospice.

Got Tickets?

Have you purchased your theater tickets yet? Not to Late Playhouse Event is Tonight !!

Next Week:

Pavel Bindra, MD,

Chief Medical Officer/Chief Medical Information Officer Citrus Valley Health Partners



Paveljit Bindra, MD, MBA

As the Chief Medical Officer and Chief Information Officer at Citrus Valley Health Partners, Dr. Pavel Bindra fulfills his drive and commitment to the equitable delivery of health care and to ensuring health care access for patients.

As both the medical officer and information officer for CVHP, Dr. Bindra is responsible for improving the quality of clinical care delivered to every patient within CVHP hospitals. In just one year, he has led several initiatives to improve quality and patient care. Some of these initiatives include reducing unnecessary blood utilization, , improving throughput in the Intensive Care Units, helping the hospitals achieve benchmarks in quality of care, streamlining processes to reduce waste and,

most recently, leading an initiative that will address a patient's continuum of care through disease process management.