



January 10, 2013 Issue #24 Editor: Irene Bourdon

This Week:

MEET PAM & ROSIE (Rosie is the dog!)

Pet Therapy: Helping People Heal through Service
Dogs



Service dogs are not just for disabled persons. They also serve a very important role in the healing process at hospitals and other health care facilities. Studies show that pet ownership can reduce stress and improve one's health. For example, some researchers have found that petting a dog has been shown to reduce blood pressure, and bringing a pet into a nursing home or hospital can boost people's moods and enhance their social interaction. Pam Francis and her companion/service dog Rosie will share dog "tales" and information about this unique aspect of service dogs.

Last Week

The Life and Times of Gordon Browning
And we thought we knew Gordon Browning! The Club had a great time re-living with Gordon some of his amazing experiences and adventures. For those of you who may have missed it, you may find some Rotarians willing to share a few stories...for a price. On the other hand, Gordon may pay a higher premium to keep our lips sealed!

Thank you Gordon, for a thoroughly enjoyable presentation!



Upcoming Dates

Covina Rotary Board Meeting:
Wednesday, January 16 Noon at the YWCA San Gabriel Valley,
943 N. Grand Ave., Covina

International Assembly:
Sunday, January 13 through Saturday, January 19
San Diego, CA
Contact Lisa Brabo for more information

Fun Run Reminder

It's not too late to give us any new sponsors to approach for our Fun Run! Call or email Jon Teran, Fun Run Committee Chair.

Did You Know?

January is Rotary Awareness Month
Number of Rotary members worldwide: 1,214,714
Number of Rotary Clubs worldwide: 34,216
Number of Rotary Districts: 538
Number of Interact members worldwide: 315,836
Number of Interact Clubs worldwide: 13,732

Next Week:

Steve Mathis, President
Phantom Rivers Winery



Steve & Sue Mathis

Have you ever dreamed of starting a winery? If it sounds too farfetched or completely out of your reach, think again. Steve Mathis and his wife Sue joined 3 other couples to create The Nipomo Wine Group. These 4 couples shared a passion for making wine and established their own winery named Phantom Rivers Winery.

Steve will share his story of how this entrepreneurial adventure began (In his day job, Steve is Chief Operating Officer for Valley Imaging Partnership in West Covina.)

And for those of us who need a little primer on wine tasting, Steve will teach us about the 5 "S's" of wine tasting. Don't miss this meeting. There's something to learn, whether you are a wine novice, a wine snob or dreamy entrepreneur.