

Thought for the week Segregation never brought anyone anything except trouble.

Paul Harris

This Week: CaL Rods and Covina Rotary Club present a tribute to Gordon Browning.

The CAL-RODS Car Club was started in 1954 by Don Scurti (a Junior in 1954) on the advice of Clyde Gorsuch so the boys would "have something to do". Mr. Gorsuch had talked to Scurti for almost a year until they finally decided to form a club to teach the boys how to work on their cars and to learn what makes them run



Calendar of Events and important Dates

8.26.14 Women's Equity Day, 19th Amendment ratified 1920. Women's Right To Vote

8.27.14 Robert Curry Club Anniversary, RI Anniversary

8.27.14 Sue Wysoki, Club Anniversary, RI Anniversary

Last Week: Lou Serrano

Lou talked about how to deliver a great presentation:

1. Do something different to start the show, whether telling a joke or sing a song or something silly
2. Show confidence (like you know your subject)
3. Connect with audience
4. Finish with STAR (Something To Always Remember), his STAR was guessing the number correct from just reading Linda's mind. Not only did he get the right # - 72, he did it in a very impressive way. Look at the photo and try to figure it out.
5. Keep in mind, ask yourself if you would sit thru your own presentation. If you don't, most likely your audience would not either.



8.28.14 "I have a dream" speech By Dr. Martin Luther King at Lincoln Memorial, Washington, DC

8.28.14 Lancaster Business Forum 8:00am

AV YMCA. Free form on "Avoiding Cyber-Crime for Businesses.Lt.Stevens from the LA.Co. Sherrifs Dept.

Field of Valor Meeting rescheduled to 8.26.14 at Wayne Partee's Office.

District Grant Process extended to 9.15.14

Next week: Drea Woliczko, MPH

Program Manager, Choose Health LA Kids
YWCA San Gabriel Valley

"Drea Woliczko is currently a Program Manager at the YWCA San Gabriel Valley working on a project under the Healthy Communities Initiative called Choose Health LA



Kids. Choose Health LA Kids is a grant funded project through the LA County Department of Public Health and First 5 LA to reduce obesity among families and children ages 0-5. Previously, Drea worked for Kaiser Permanente in Fontana in the Health Education Department as a Health Educator, specifically working in the area of weight management. Prior to her position with Kaiser Permanente, she was a Program Manager at a nonprofit organization in Northern California, The Bay Area Women's Sports Initiative, where she managed a program for elementary school aged girls, in Title I schools, focusing on fitness and nutrition. She received a Bachelor of Science degree in psychology from California Polytechnic State University (Cal Poly), San Luis Obispo, and her Master of Public Health degree from California State University, San Bernardino (CSUSB). She is originally from Santa Cruz, California, but currently resides in Rancho Cucamonga, California."