



May 12, 2016 Issue #39 Editor: Linda Logan

**THIS WEEK: HISTORY LUNCH...**

**STARING BRIAN AKERS, HARRY BORAK AND TOM PATRONITE**

If you have a red badge - this is a **MUST** to earn your blue badge!

We will be hosting a **ROTARY HISTORY LUNCH** this week. Come and learn about the history of Rotary International, The Rotary Foundation (TRF), and the history of the Covina Rotary Club.

Where did that big bell come from? What does it mean when someone rings it? What Rotary Club sponsored our club in the little town of Covina back in 1923?

**NEXT WEEK:**

Dominic Lopez will present a program on "Our Vet From the Canyon". Dominic is employed with the Veterans Administration as an Outreach Counselor. He has been instrumental in helping us identify Veterans in need of help, which we fund through the Field of Valor.

**LAST WEEK:**

Barbara Daoust, a Certified Facilitator with the Proctor Gallagher Institute presented a program on Why We Procrastinate. We did some experiments to learn that:



1. We are creatures of habit (imagine that!)
2. Our Brain takes the easiest route (like water)
3. It takes 30 consistent days to re-train your brain to think differently

Gordon Cooper has done a wonderful job with the RYLA (Rotary Youth Leadership Awards) students. Last week we had the privilege of learning about RYLA, what the students do there, and what they thought about different aspects of the program.



Our club has participated in RYLA every year. A true testament that we believe in our youth.

**Happy May Birthdays to**

- |                         |                      |
|-------------------------|----------------------|
| <b>Rob Curry</b>        | <b>Richard Reyes</b> |
| <b>Shirley Harrison</b> | <b>Fred Wong</b>     |
| <b>Rich Jett</b>        | <b>Sue Wysocki</b>   |
| <b>Mike Newman</b>      |                      |



**NEVER FORGET SACRIFICES MADE FOR US  
CALENDAR OF EVENTS**

- May 13-14 Rotary Board (2016-17) Retreat Ventura
- May 17, 2016 12:00 noon Field of Valor Meeting  
370 E. Rowland St. Covina
- May 19, 2016 Program: Our Vet From the Canyon
- May 20-22 District Conference, San Diego
- May 21, 2016 Covina Sunrise Rotary's Country Fair
- May 22, 2016 Car Show Ontario USO; Field of Valor Booth will be set up
- May 26, 2016 noon – Lunch at Mt. SAC. Our meeting will be moved.
- June 23, 2016 meeting moved to kickout
- June 24, 2016 Kick Out! Patricia Harvey's home
- September 25, 2016 Chili Cook off – Hurst Ranch, West Covina

