



This Week

Innergy Therapy Systems

Renee Gauthier,

Registered Physical Therapist

*Massage *Aromatherapy *Physical Therapy *Wellness

Renee Gauthier founded Innergy Therapy Systems in 2000. With over 30 years as a registered physical therapist, Renee practices a unique approach to wellness. With a Master's degree in public health and a certification as an aroma therapist Renee offers a line of products and services customized for the specific needs of each client. Her passion for nutrition and exercise become clear when she presents her lectures on eating right. Because of her passion for health and the promoting of living well, Renee Gauthier shares her expertise within the corporate community. Her knowledge of the history of Aromatherapy, the extraction methods for attaining oils safe & unsafe Essential oils, effective uses of Essential oils, and even fun ways to apply this knowledge promises to bring relaxing and healing to individuals as well as organizations.



Next Week:



GABRIELEÑO BAND OF MISSION INDIANS

Historically known as The San Gabriel Band of Mission Indians recognized by the State of California as the aboriginal tribe of the Los Angeles basin.

Andrew Salas, Chariman with Dr. Christina Swindall Martinez, Secretary and Matthew Teutimez, tribe biologist

LAST WEEK:

 **Alzheimer's** | **GREATER LOS ANGELES**

“Let’s Face It Together”

Susan Howland, MSG

DATES TO REMEMBER

Covina Rotary



September 24, 2016 at Hurst Ranch

Let’s get a head start for this year’s chili cook off!

We will have craft beers to enjoy.



“Helping Families Beyond Borders”

Our goal is to assist 50 out of 250,000 of the neediest families in a community in Tijuana, Mexico by providing a complete new outfit for each child in the family. October 21st – 23rd