



October 20, 2016 Issue #16 Editor: Shrilly

This week: **L. Lindsay Rehfeld, MA**

How to Hire a Caregiver



So many baby-boomers are facing the need to care for their aging parents. Hiring a caregiver for your loved-one can be a tricky and confusing endeavor. It's especially stressful when coupled with an unplanned hospitalization and subsequent discharge. Learn about your options and what to look for before

inviting a caregiver into your loved-one's home.

About the Speaker: L. Lindsey Rehfeld, M.A.

Lindsey Rehfeld opened Visiting Angels in Glendora in 2002 and the Upland Office in 2007. Prior to Visiting Angels, Lindsey spent 13 years in Corporate Sales and Marketing, and 5 years on the Business Faculty at Azusa Pacific University.

Visiting Angels provides private-duty caregivers for Seniors in their own home. Visiting Angels has had the honor of caring for 100's of seniors in the East San Gabriel and Pomona Valleys.

Lindsey is regarded as a leader in the Homecare Industry in both California and Nationwide. She has presented at several industry conferences, published articles, and served on various homecare committees.

Lindsey considers it an honor to serve her home communities. She is Graduate of Alta Loma High School, Azusa Pacific University and Claremont Graduate University.

Lindsey and her husband of 30 years, Dean, live in Glendora. They have two sons, Andrew and Drake, and a daughter-in-law, Amanda.

Next week: **Field of Valor Training**

Be at our last meeting in October to make sure you are ready for Field of Valor. If not, may the birds of prey pay you a special visit.



P.S. Thank you Gordon Cooper for bringing us a great line up of speakers this October.

Covina Rotary & Families Beyond Borders:

Rotary and friends of Rotary descended upon Target last Thursday to shop for 65 adopted families in Tijuana. Please call The Tony is you can help deliver October 21-23.

Maggie brought her two wonderful daughters to help in the selection of clothing.



Vilma made a new friend with one of our beloved helpers.

Tony, Sue, and Shirley thanked Yesenia for all her hard work in our 2016 Int'l Project – Helping Families Beyond Borders

